



It's Time To Thrive! to flourish, to succeed

Gabrielle Casey

Consultant, Speaker, Trainer,
Coach, and Author

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Topics:

- Conflict Resolution
- Restorative Justice
- Change Management
- Thrivorship
 - Change
 - Support
 - Forgiveness
 - Purpose
 - Goals



Gabrielle is relentless in getting to the heart of the matter during conflict and change. Her bold, passionate and interactive style brings her Thrivorship principles to life and gives her clients the tools they need to thrive.

After overcoming years of adversity in her own life, Gabrielle emerged from barely surviving, to thriving! Along the way she learned about perseverance, change and what it takes to go beyond the norm in business and relationships. Her first book, **Thrivorship: Power Tools For Success** teaches the seven tools needed to thrive through any challenge, choice or change.

Whether Gabrielle is consulting with managers, speaking to congregations and audiences, training technology, or coaching individuals, her faith and zeal for human potential is contagious. She skillfully combines real life stories with practical applications that help you nail your success!

Testimonials

[Watch Gabrielle in Action](#)

"She is dynamic, inspirational!" Pat D., Healthcare Provider

"You have a message everyone must hear" Ken M., Professional Coach

"Gabrielle's program made me think about the type of person I am, what I want to be, and how I can reach that goal!" Lisa T., St. Paul Chamber of Commerce

"I was encouraged by Gabrielle" Attendee, Ridgewater College

"I loved your energy and enthusiasm. I left feeling happy and powerful." Sharon R., Clothing Consultant

"A kind of Erin Brockovich for the Midwest." Scott J., Instructor, Sales Associate

"I wish that she could have talked longer" Bryan L., Project Manager, Qwest

"You are an engaging, creative and powerful presenter. You kept us involved and left us motivated and eager to make positive changes at work. It is showing up in the ways people work and interact with one another."
Kris T., Minnesota Children's Museum

"Gabrielle was very easy and positive to work with. We would definitely invite her to speak again." Edee S., Wheaton College

"Great job by Gabrielle. Keep this training in!" Alison G., Southwest Minnesota State University

"Gabrielle is a very effective speaker with an extremely informative presentation" Lynn M., College of St. Catherine

Client List (partial)

Speaking, Training + Consulting

Ameriprise Financial

Cargill

General Mills

Minneapolis Children's Museum

Minnesota Department of Health

Qwest

Target

United Properties

United Way

Wells Fargo

Association of Occupational Nurses

Business & Professional Women

Minnesota Women of Today

North Memorial Women's Center

Professional Insurance Women

College of St. Catherine

Concordia College

Normandale Community College

Ridgewater College

Southwest Minnesota State University

Technology:

Knowledge Transfer

Netcom Learning

Jennie-O

City of Burnsville

Index Computers

Restorative Justice:

Breaking Free

Dakota County

Welcome Homes

You Have The Power

Faith:

LaGrange Bible Church

Heritage Methodist Church

Overcomers Outreach

Presentation Sisters Women's Retreat

St. Paul Area Council of Churches

Wheaton College

Woodland Hills Church